

Joseph S. Volpe, Ph.D.

CLINICAL PSYCHOLOGIST | ADJUNCT PROFESSOR | CLINICAL LEADER

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PROFESSIONAL PROFILE

New York State licensed psychologist and college and graduate educator with more than 30 years of experience in clinical practice, teaching, and school psychology. Expertise in psychological assessment, ADHD, traumatic stress, anxiety, and depression. Experience includes directing a practice with 15+ consulting psychologists, developing graduate curriculum, supervising clinicians and students, and providing counseling and crisis intervention in school and university settings.

EDUCATION

Ph.D., Clinical and School Psychology, 1993

Hofstra University — APA-approved program

M.A., Psychology, with Distinction, 1990

Hofstra University

B.A., Psychology, Summa Cum Laude and Departmental Honors, 1988

State University of New York at Stony Brook

ACADEMIC APPOINTMENTS

Adjunct Professor (Full)

Hofstra University, Hempstead, NY | Aug 2014–Present

- Teach in the Department of Counseling and Mental Health Professions, School of Health Sciences.
- Developed curriculum and teach Counseling for Crisis, Disaster, and Trauma Response; supervise graduate students in mental health counseling.

Adjunct Professor, Psychology Department

SUNY College at Old Westbury, Old Westbury, NY | Sep 1993–Aug 2011

- Taught Introduction to Psychology, Learning and Motivation, and Counseling Psychology.

Adjunct Assistant Professor, Psychology Department

Long Island University at C.W. Post, Brookville, NY | Jan 1991–Aug 1992

- Taught Introduction to Psychology.

LICENSURE AND CERTIFICATIONS

New York State Licensed Psychologist
New York State Permanent Certification — School Psychologist
ADHD Certified Clinical Services Provider (ADHD-CCSP)
Board Certified Telehealth Professional
Certified Clinical Trauma Professional

CLINICAL AND SCHOOL PSYCHOLOGY EXPERIENCE

Executive Director / Clinical Psychologist

Volpe Psychological Services, P.C. | Sep 2023–Present

- Provide psychological testing and individual psychotherapy focused on ADHD, traumatic stress, anxiety, and depression.
- Founded and direct The Institute for Adult ADHD; provide consulting services to East End Psychological Services, P.C.

School Psychologist

Farmingdale School District, Farmingdale, NY | Jan 1993–Present (anticipated retirement June 2027)

- Conduct psychodiagnostic evaluations and consult with administrators, educators, counselors, and community agencies on educational programming and placement.
- Provide individual and group student counseling, parent consultation, and crisis intervention; supervise interns.
- Serve on District and High School Safety and Threat Assessment Teams.

Executive Director / Psychologist

East End Psychological Services, P.C., Miller Place and Commack, NY | Dec 2003–Sep 2023

- Directed the practice and monitored the clinical work of 15+ consulting psychologists.
- Founded and directed The Child and Adult Diagnostic and Treatment Program for ADHD.
- Provided psychological testing and individual, family, and marital counseling, with a clinical focus on ADHD and traumatic stress.

Director of Clinical Services / Clinical Psychologist

Long Island Psychological Associates, P.C., Commack, NY | May 1995–Sep 2005

- Supervised staff psychologists and monitored intakes, evaluations, and psychotherapy; provided assessment and individual and group treatment across age groups.
- Also served as Program Coordinator, Institute for Attentional Disorders (Mar 1997–Sep 2005), specializing in ADHD assessment, treatment, staff supervision, and professional education.
- As Consulting Psychologist, Mental Health Document Review (May 1996–Nov 2002), reviewed psychological evaluations for the insurance industry and consulted with attorneys on trial preparation.

Clinical Psychologist, Private Practice

Rockville Centre, NY | Jan 1995–Feb 1996

- Provided individual, group, marital, and family therapy, with interests in ADHD and traumatic stress.

Assistant Psychologist

Melville Psychological Evaluation & Consultation, Melville, NY | Jun 1993–Jan 1995

- Provided individual and family therapy and psychodiagnostic evaluations, including work with trauma-related stress.

Psychology Staff Member, Counseling Center / Student Counseling Services

Hofstra University, Hempstead, NY | 1992–1993

- Provided individual, group, marital, and family counseling and crisis intervention in a university setting.

PROFESSIONAL LEADERSHIP AND EDITORIAL EXPERIENCE

Co-Founder, Psychological Alliance for Transparency and Humanity (PATH)

Professional alliance focused on psychological preparedness, resilience, and responsible public education concerning potential unidentified anomalous phenomena (UAP) and non-human intelligence disclosure.

Co-author of PATH's trauma-informed Psychological First Aid field guide for clinicians, educators, first responders, and communities.

Professional Advisory Board Member, CHADD, Suffolk County, NY | 1994–2022

Served on the chapter's professional advisory board supporting its ADHD education and community mission.

The American Academy of Experts in Traumatic Stress

Research, editorial, and professional development leadership | 1996–2004

- Director, Research & Development (2002–2004); Editor, *Trauma Response* (1998–2002); Director, Professional Development (1996–2000).
- Developed and edited publications, coordinated national training conferences and professional seminars, chaired the Continuing Education Committee, and led the Fellowship designation committee.

SELECTED PUBLICATIONS

Volpe, J. S. (Forthcoming; expected 2027). *ADHD beyond attention: Understanding and supporting executive functions in children, adolescents, and adults*.

Volpe, J. S., & Pantaleno, A. (2026). *Psychological first aid for unidentified anomalous phenomena (UAP) disclosure: A trauma-informed preparedness and response field guide*. Psychological Alliance for Transparency and Humanity.

Lerner, M. D., Volpe, J. S., & Lindell, B. (2005). *A practical guide for crisis response in our schools* (5th ed.). The American Academy of Experts in Traumatic Stress.

Lerner, M. D., Volpe, J. S., & Lindell, B. (2004). *A practical guide for university crisis response*. The American Academy of Experts in Traumatic Stress.

Volpe, J. S. (2002). Effects of domestic violence on children and adolescents: An overview. In J. B. Shannon (Ed.), *Stress-related disorders sourcebook* (pp. 297–302). Omnigraphics.

Volpe, J. S. (2002). Traumatic stress: An overview. In J. B. Shannon (Ed.), *Stress-related disorders sourcebook* (pp. 264–271). Omnigraphics.

Logue, A. W., King, G. R., Chavarro, A., & Volpe, J. S. (1990). Matching and maximizing in a self-control paradigm using human subjects. *Learning and Motivation*, 21, 340–368.

PUBLIC EDUCATION AND MEDIA

Host, *ADHD: Beyond the Distraction* — with Dr. Joseph Volpe

2026–Present

Educational podcast addressing adult ADHD, executive functioning, evaluation, and practical strategies. Available on Apple Podcasts, Spotify, and YouTube.

Author, Online Psychology Education Articles

Publish public-facing articles through Volpe Psychological Services and The Institute for Adult ADHD on assessment, executive-function difficulties, college accommodations, anxiety, depression, and traumatic stress.

SELECTED PRESENTATIONS AND PROFESSIONAL TRAINING

ADHD and Executive Functions: Helping the Child and Adult Find Success. APA-credit in-service, Suffolk County Psychological Association, October 2013.

ADHD Strategies: A Forum for Parents and Educators. North Shore Public Library, October 2013.

Self-Concept and ADHD. Continuing education in-service, Stony Brook, August 2002.

Crisis Response in Our Schools: A Training Program. Invited keynote, National Training Conference of The American Academy of Experts in Traumatic Stress, June 1997.

VOLUNTEER & COMMUNITY SERVICE

Admissions Liaison Officer, United States Air Force Academy, Outreach Squadron 313, New York (2018–Present).

Major, Civil Air Patrol, USAF Auxiliary, Suffolk Cadet Squadron 10, Long Island Group (2015–Present).

Animal-Assisted Therapy, Patchogue Rotary, Stony Brook University Hospital psychiatric inpatient visitations (2014–2020).

SELECTED HONORS AND PROFESSIONAL AFFILIATIONS (Past and Present)

Featured in *Long Island Press*, “The A-List: 14 Top Psychologists on Long Island” (May 2026).

Phi Beta Kappa

NYSUT Member Who Makes a Difference Award (2002)

Fellow, The American Academy of Experts in Traumatic Stress

American Psychological Association

Association for Behavioral and Cognitive Therapies

International Society for Traumatic Stress Studies

Suffolk County Psychological Association

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) — Professional Member